PV Alpine Summer Camp Packing List

- Sleeping Bag, Comforter, or Blanket (bottom sheet, pillow, and pillow case are provided by our rental company.)
- Towel for the shower
- Slalom Skis
- GS Skis
- Slalom Poles with Pole Guards
- GS Poles (if you have them)
- Ski Boots
- Goggles with tinted lenses (rose, amber, yellow, or mirrored)
- Sun glasses
- Base ball Cap
- Winter Hat
- Helmet
- Shin guards
- Back Pack
- Water Bottle
- SPF 30+ or Higher Sun Screen
- Lip Balm
- Ski Jacket (preferably waterproof)
- Training shorts (if you have them)
- GS Suit
- Ski Pants
- Long underwear
- Padded top for GS (if you use one)
- Layers (vest, sweatshirt, Fleece, etc.)
- Ski Socks
- Tuning Gear wax, file, file guide, stone, etc. (We will provide a tuning table, vises, an iron, and brushes)

- Casual spring/summer clothing
- Toiletries: tooth brush, tooth paste, soap, shampoo, etc.
- Swim wear
- Athletic shoes
- Athletic shorts
- A DVD rated between G, and PG-13 (Optional)

It can be very winter like on Mt. Hood if weather comes in so be prepared by bringing your standard winter ski clothing.